

# BELIZE JUNGLE, RUINS

AGGRESSOR  
ADVENTURES 

4 days / 3 nights



## Day 1: Pick up in Belize City transfer to San Ignacio Area Hotel, passing by Full day Cave Tubing and Zip lining excursion

Upon our arrival at the zip line canopy site we will have a welcome chat to learn about the activities of the day, followed by assistance for gear for the zip line canopy tour. You will be zip-ping through the canopy of Belize's rain forest for approximate an hour.

After the zip line canopy tour, you will issued with a headlamp, life vest, and an inner tube for the cave tubing part of the tour. As we hike through the jungle to start our cave tubing tour, we will be doing presentations on Medicinal Plants, Belize Cave Systems, and Use of The Cave to The Mayan People. The tubing part of the tour last approximately an hour and a half. Belize Cave Tubing and Zip Line with Kids: We do the zip line and cave tubing with kids as well. The child has to be at least 47 inches tall. Our Belize Zip Line and Cave Tubing is one of the most exciting Belize Adventure Tour.

## Day 2: Full day Actun Tunichil Muknal Cave tour, one of the most representative excursions of Belize Mayan past

Belize ATM Cave Tour - This cave is one of the most popular Mayan burial sites in Western Belize. The cave contains four skeletons, ceramics, and stoneware left by the Maya. The most famous skeleton inside the cave is that of a young girl, the bones of which have been completely covered by the natural processes of the cave, leaving them with a sparkling appearance. The cave itself is several kilometers long with several chambers.

The hike from the starting point to the cave entrance includes three stream crossings and passes through the Tapir Mountain Nature Reserve. The hike is approximately 45 minutes in duration. Once in the caves you will spend several hours swimming, climbing, and exploring. Once in the inner chambers you will take off your shoes and explore in only your socks to prevent damage to the artifacts. This adventure is challenging and a good level of physical fitness is required. The ability to swim is a plus

as you will need to cross deep water to enter the cave and will be wading through water several times both inside and outside the caves.

## Day 3: Full day excursion to Tikal Ruins in Guatemala, the largest Mayan Archeological complex of Central America

Tikal is the largest ancient city of the Maya civilization. It is located in Guatemala and is an UNESCO World Heritage Site.

Tikal was one of the major cultural and population centers of the Maya civilization. Though monumental architecture at the site dates to the 4th century BC, Tikal reached its apogee during the Classic Period, ca. 200 AD to 850 AD, during which time the site dominated the Maya region politically, economically, and militarily while interacting with areas throughout Mesoamerica, such as central Mexican center of Teotihuacan. There is also evidence that Tikal was even conquered by Teotihuacan in the 4th century A.D. Following the end of the Late Classic Period, no new major monuments were built at Tikal and there is evidence that elite palaces were burned. These events were coupled with a gradual population decline, culminating with the site's abandonment by the end of the 10th century.

Tikal had no water other than what was collected from rainwater and stored in underground storage facilities (termed chultuns). Archaeologists working in Tikal during the last century utilized the ancient underground facilities to store water for their own use. The absence of springs, rivers, and lakes in the immediate vicinity of Tikal highlights a prodigious feat: building a major city with only supplies of stored seasonal rainfall. Tikal pros-



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pered with intensive agricultural techniques, which were far more advanced than the slash and burn methods originally theorized by archeologists. The reliance on seasonal rainfall left Tikal vulnerable to prolonged drought, which is now thought to play a major role in the Classic Maya Collapse.

The ruins lie on lowland rainforest. Conspicuous trees at the Tikal park include gigantic ceiba (*Ceiba pentandra*) the sacred tree of the Maya; tropical cedar (*Cedrela odorata*), and mahogany (*Swietenia*). Regarding the fauna, agouti, coatis, gray foxes, spider monkeys, howler monkeys, Harpy Eagles, Falcons, ocellated turkeys, guans, toucans, green parrots and leaf-cutting ants can be seen there regularly. Jaguars, Jaguarundis and Cougars are also said to roam in the park.

There are thousands of ancient structures at Tikal and only a fraction of these have been excavated after decades of archaeological work. The most prominent surviving buildings include six very large Mesoamerican step pyramids, labeled Temples I – VI, each of which support a temple structure on their summits. Some of these pyramids are over 60 meters high (200 feet). They were numbered sequentially during the early survey of the site.

## Day 4: Transfer to Belize City at noon or depart early from San Ignacio for another excursion

This day you may request another full day tour in the morning with drop off at Belize City at the end of the day, or to enjoy your resort in the morning and arrive just in time for boarding Aggressor.

### Includes:

- All necessary land transfers to / from hotels
- All mentioned excursions with bilingual guide, transportation, lunch, and entrances
- Four nights of lodging in hotel of your choice in San Ignacio Area with taxes (breakfast not included)

### Does not include:

- Gratuities to guides, and driver
- Meals and services not mentioned above
- Expenses and no show charges do to airlines delays, flight cancellations, bad weather, natural disasters, or any situation outside the control of our operation
- Belize Border crossing tax (when going to Guatemala)



### With Midas Resort in San Ignacio:

Exquisitely designed by our Belizean-British duo, Maria and Michael, your suite awaits you. Enjoy the finest amenities available. Relax at the open bay window bench and take note of the local wildlife or take a siesta on your very own private verandah in a handmade hammock.



### With Mahogany Hall Resort in San Ignacio:

Built in plantation style, Mahogany Hall Boutique Resort offers guests tastefully decorated rooms on the second floor of the mansion. All rooms feature high ceilings, air conditioning, French doors and large windows to enjoy the sights, sounds and aromas of the pristine rainforest. Lounge on the second floor veranda to enjoy the panorama of our infinity swimming pool down below and beyond to the nearby meandering Mopan River. Many of our guests enjoy using the second floor veranda for dining or as an excellent spot to bird watch early in the morning.